

Where to Stay

Accommodation listed below is within easy reach of the Laser Training & Education Centre or Nottingham City Centre.

Local Airports

East Midlands Airport approx. 15 miles – a 45 min drive/taxi
Birmingham Airport approx. 50 miles – a 60 min drive

Rail Stations

Nottingham mainline station – 10 min drive/taxi. Regular services to & from all major destinations. Hourly departures to/from London – journey time approx. 2 hours

Hotels within walking distance

Hotel	Rates	Additional Information & Comments
<i>All prices quoted are for en-suite room plus breakfast unless stated otherwise but please check rates when booking</i>		
<p>Best Western The Westminster Hotel 312 Mansfield Road Nottingham NG5 2EF Tel: 0115 955 5000 Fax: 0115 955 5005 mail@westminster-hotel.co.uk</p>	<p>Single – £65.00 (<i>Special rate</i>) includes breakfast Superior Single £95.00*</p> <p><i>*For those travelling long distance you may wish to 'spoil' yourself - discounted rate for the superior single £80.00, this offers additional benefits such as air-con, king-sized bed, dedicated data link and steam shower.</i></p>	<ul style="list-style-type: none"> • Central location, modern amenities. 72 rooms. 3 star rating. • Fully licensed restaurant & bar plus residents lounge. • Extremely friendly, comfortable family run hotel. • 5 minute walk from the Training Centre. • 10-15 minutes taxi ride from Nottingham's station. • Free parking. • Non-smoking rooms & facilities. • Possible reduced rate if booking on-line. • NHS Discount available • <i>Special rate</i> if you quote Laser Training & Education Centre
<p>Park Inn 296 Mansfield Road Nottingham NG5 2BT Tel: 0115 935 9988 Fax: 0115 969 1506 On-line: www.nottingham.parkinn.co.uk</p>	<p>Double (standard) £68.00 (<i>Special rate</i>) includes breakfast)</p>	<ul style="list-style-type: none"> • Central location with modern amenities. 172 rooms • Large, modern hotel • Fully licensed restaurant & bar. • Health & Fitness Club inc. pool, sauna, steam room, Jacuzzi • 5 minute walk from the Training Centre. • 10-15 minutes taxi ride from Nottingham station. • Free Parking • <i>Special rate</i> if you quote Laser Training & Education Centre

Other Hotels within short car/taxi/bus journey

<p>Jurys Inn Waterfront Plaza Station Street Nottingham NG2 3BJ Tel: 0115 901 6700 Fax: 0115 901 6777 Reservations: 0870 907 2222 www.jurysinns.co.uk</p>	<p>Double Room (single occupancy) £73.00 – Room only With Breakfast £80.00 Double Room £73.00 With Breakfast £87.00</p>	<ul style="list-style-type: none"> • Opened September 2005 • Central location with modern amenities - 264 rooms • Largest hotel in Nottingham • Easy access to main road network, and airport • Walking distance to Nottingham train station • Satellite TV • Air-Conditioning • High Speed internet access • Public car park nearby • 10-15 minute taxi ride to Mapperley Park Training
<p>Premier Lodge – Nottingham North 101 Mansfield Road Daybrook Nottingham NG5 6BH Tel: 0870 990 6328 Fax: 0870 9906329 www.premierlodge.com</p>	<p>From £46.95 per room per night. Breakfast between 7.30 – 9.30am - £6.50 for traditional, £4.50 for continental</p> <p><i>A good alternative to the Westminster Hotel</i></p>	<ul style="list-style-type: none"> • The Premier Lodge is next to The Old Spot Country Carvery restaurant and pub. • Opposite to Sainsbury's. • On main bus route running every 10 minutes past The Training Centre. • Free car parking
<p>Holiday Inn Nottingham St. James's Street Nottingham NG1 6BN Tel: 0870 400 9061 Fax: 0115 948 4366</p>	<p>Single or twin - £89.10 3 course evening meal £15.00</p>	<ul style="list-style-type: none"> • Large, modern city centre hotel. 160 rooms. 3 star rating. • Fully licensed restaurant & bars. • Short walk from Castle & main shopping district. • 5-10 minutes taxi ride to Training Centre & mainline station • Free parking. • Book on-line: www.holiday-inn.com
<p>Nottingham Gateway Hotel Nuthall Road Nottingham NG8 6AZ Tel: 0115 979 4949 Fax: 0115 979 4744 sales@nottinghamgatewayhotel.co.uk</p>	<p>Single from £55.00* Double from £65.00</p> <p><i>Request cost of room on booking, as this varies considerably</i></p>	<ul style="list-style-type: none"> • Modern hotel. 108 rooms 3 star rating. • Fully licensed restaurant & bars. • Just off Jnt 26 of M1. 3 miles from city centre. • 10-15 minutes taxi ride to Training Centre & mainline station. • Free parking. • Access to health & leisure facilities 5 mins from the hotel. • Book on-line book: www.nottinghamgatewayhotel.co.uk
<p>Premier Lodge – City Centre Island Site, London Road Nottingham NG2 4UU Tel: 0870 990 6574 Fax: 0870 990 6575 www.premierlodge.com</p>	<p>From £54.95 per room per night Breakfast between 7.30 – 9.30am - £6.50 for traditional, £4.50 for continental</p>	<ul style="list-style-type: none"> • Has an integral Bar Est • 5-10 minutes taxi ride to Training Centre • Easy access to main-line station • Free car parking